

## **RESOURCES for PRIVATE SPONSORS:**

Below you will find information that reflects some of the most requested topics for/from private sponsors and is meant to support local sponsorship efforts.

**1) [Refugee Sponsorship Training Program](#)** - The RSTP provides **training and support** to private sponsors in Canada including Sponsorship Agreement Holders (their co-sponsors and constituent groups, etc.), Groups of Five and Community Sponsors. There are many helpful resources on RSTP's website, [www.rstp.ca](http://www.rstp.ca), such as the [Overview of Sponsorship Responsibilities](#) resource.

Find information on [upcoming webinars here](#), and [upcoming workshops \(in-person\) here](#).

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The RSTP office is located at Newcomer Information Centre, 106 - 129 3rd Avenue North, Saskatoon, SK. S7K 2H4.

**Helen offers trainings and meetings in-person and virtually in Regina; please contact her for more information.**

**2) [Regina Region Local Immigration Partnership](#)** - The RRLIP is an indirect service project that **enhances the community's capacity to welcome, settle and integrate newcomers**. You will find valuable informational resources on the RRLIP website that can be useful to privately sponsored refugees and those who support them.

The RRLIP convenes a local **Private Sponsorship Group Network** to exchange information and resources, share details about training and professional development opportunities, discuss challenges and successes, etc. For more information or to join the network, please email the RRLIP.

The RRLIP also supports the RSTP in hosting meetings of the provincial **SK Private Sponsorship Network**.

3) [Welcome to Saskatchewan](#) is a **settlement mobile app** designed to help immigrants and refugees to achieve a smooth and successful transition into their life in Canada.

4) [211 Saskatchewan](#) is a **database of over 6,000 community, social, non-clinical health, and government services across the province**. Check out the tab entitled Refugees/Immigrants for pertinent information. You can also **text** or **dial 211** to be connected with Service Navigators ready to help you find the information you need. Help over the phone is available in over **175 languages**.

5) [Saskatchewan Health Authority](#) - This listing includes information about doctors accepting new patients in the Saskatchewan Health Authority. It is kept as up to date as possible however the SHA cannot guarantee that the physicians listed are still open to new patients. Contact the clinic directly to confirm availability.

6) **Mental and Emotional Wellness Support** – return to the RRLIP’s [Resources](#) webpage and scroll down for updated listings of resources to support the mental and emotional wellness (a less stigmatized term than “mental health”) of newcomers.

7) [HealthLine 811](#) is a free, confidential, 24-hour health and mental health and addictions advice, education and support telephone line available to the people of Saskatchewan. It is staffed by experienced and specially trained Registered Nurses, Registered Psychiatric Nurses, and Registered Social Workers. Services are offered in English, with translation available in over **100 languages**. If you are having technical issues with accessing HealthLine 811 by dialling 811, you can call 1-877-800-0002 to be connected with HealthLine 811.

8) The [City of Regina](#) has many social programs that enhance the well-being of community members. Examples include the Bus Discount Program, Leisure Programs, Bike Program, etc.

**9) [Regina Public Library](#)** - The RPL provides support to newcomers to Canada through its extensive line-up of programs and services. Examples include Heritage Language resources, English Language Instruction, Citizenship resources, Employment and Business Services, etc.